



RELAX WITH OUR MASSAGE THERAPY

THE HUNTINGTON Y'S MASSAGE THERAPY DEPARTMENT OFFERS A VARIETY OF MASSAGE TECHNIQUES RANGING FROM RELAXATION TO THERAPEUTIC, INCLUDING SWEDISH, DEEP TISSUE AND SPORTS MASSAGE.

WE OFFER THE BEST RATES IN THE AREA:

MEMBERS

25-Minute Session \$20 | 55-Minute Session \$40 | 85-Minute Session \$60

NON-MEMBERS

55-Minute Session \$60 | 85-Minute Session \$90

Massage Therapists are licensed by the State of West Virginia. Personal Trainers have either a college degree in the exercise science field and/or certified through American Council on Exercise, National Council on Strength and Fitness or American College of Sports Medicine.

FOR MORE INFORMATION:

Huntington Y | 304.525.8127 | www.huntingtonymca.org